

October 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Sept. 28 Cinnamon toast, raisins, milk—pepperoni pizza on pita bread, carrots, pears, milk—cottage cheese and peaches	Sept. 29 Sausage links, apples, milk—grilled tuna melt, pickles, melon, milk—saltines and cheese	Sept. 30 cereal, craisins, milk—cheese burger pie, corn, pineapple, milk—cinnamon pretzels and juice	1 French toast, peaches, milk—Tuna casserole with peas, peaches, milk—chips and salsa	2 Applesauce bars, bananas, milk—Beef tacos, with soft shell, mixed vegetables, oranges, milk—Oreo pie and milk	3
4	5 Cereal, blueberries milk— Beef Spanish rice, cucumber salad, pineapple, milk— Saltines and cheese	6 Graham crackers, bananas, milk— Turkey, Stuffing, broccoli bake, cinnamon applesauce milk— Nilla wafers and fruit juice	7 Pancakes, strawberries, milk— Bacon ranch pasta salad with broccoli, peaches, milk— Yogurt and cheerios	8 Bagels, oranges, milk— Salami sandwiches, carrot stix, banana, milk— Veggie straws and raisins	9 Toast, apples, milk— Ham and potato soup, with carrots, saltines, pears, milk— Goldfish and Grapes	10
11	12 Waffles, peaches, milk— Pulled pork sandwich, green beans, cantaloupe— Chocolate chip granola bars and raisins	13 Raisin bread, apples, milk—, Creamy chicken casserole with peas and carrots, apricots, milk— Graham crackers and fruit juice	14 French toast, bananas, milk— Mac and cheese with kielbasa, peaches, milk— Carrots and ritz crackers	15 cereal, craisins, milk— Meatloaf, mashed potatoes, oyster crackers, oranges, milk— apple crisp and milk	16 Pumpkin bread, Grapes, milk— Beef chili with noodles and beans, oranges, milk— cucumbers with ranch and wheat crackers	17
18	19 Cereal, craisins, milk— ham and cheese roll ups, pickles, grapes, milk, — Pretzels and cheese sauce	20 Toast w/ jelly, apples, milk— Beef and rice casserole, Green beans, pears, milk— carrot cake, raisins	21 Yogurt, blueberries, milk— BBQ Chicken roll ups, peas, pineapple, milk— Graham crackers and chocolate milk	22 Ham and hashbrowns, milk— Beef spaghetti, mixed vegetables, melon, milk — Ranch oyster crackers and cheese slices	23 Bagels, applesauce, milk— Chicken noodle soup with carrots, mixed fruit, strawberry lasagna and fruit juice	24
25	26 Cinnamon Toast, Peaches, milk— Sloppy joe on a bun, Baked beans, pears, milk— Chex mix and bananas	27 Egg bake, bananas, milk —Cheesy ham and potato casserole, carrots, apples, milk— goldfish and oranges	28 Oatmeal, strawberries, milk— chicken stir fry with rice, stir fry vegetables, mixed fruit, milk— Pumpkin bars, milk	29 Coffee Cake, Grapes, milk— Beef Noodle Vegetable soup, apricots, milk— Critter crunch, milk	30 English Muffins, Oranges, milk— Chicken Salad sandwich, pickles, grapes, milk— Classroom Halloween Party snacks	31