

October 2021

Monday	Tuesday	Wednesday	Thursday	Friday
Sept. 27 French Toast, strawberries, milk— Turkey rice soup/broccoli, apples, milk— Jelly sandwich, chocolate milk	Sept. 28 English muffins, applesauce, milk— Beef Goulash, corn, pineapple, milk— animal crackers, yogurt	Sept. 29 Cereal, mixed fruit, milk— Cheesy egg tator tot bake, green beans, pears, milk— Goldfish, fruit juice	Sept. 30 Sausage gravy w/ toast, mand. Oranges, Milk— Tuna noodle casserole w/ peas, peaches, milk— Fruit dream salad,	1 Pancakes, blueberries, milk— Pepperoni/Cheese quesadilla, celery sticks, oranges, milk— Tortilla chips and cheese sauce
4 Cereal, blueberries milk— Beef Spanish rice, cucumber salad, pineapple, milk— Saltines and cheese	5 Graham crackers, bananas, milk— Turkey, Stuffing, broccoli bake, cinnamon applesauce milk— Nilla wafers and fruit juice	6 Pancakes, strawberries, milk— Bacon ranch pasta salad with broccoli, peaches, milk— Yogurt and cheerios	7 Bagels, oranges, milk— Salami sandwiches, carrot stix, banana, milk— Veggie straws and raisins	8 Toast, apples, milk— Ham and potato soup, with carrots, saltines, pears, milk— Goldfish and Grapes
11 Waffles, peaches, milk— Pulled pork sandwich, green beans, cantaloupe— Chocolate chip granola bars and raisins	12 Raisin bread, apples, milk—, Creamy chicken casserole with peas and carrots, apricots, milk— Graham crackers and fruit juice	13 French toast, bananas, milk— Mac and cheese with kielbasa, peaches, milk— Carrots and ritz crackers	14 cereal, craisins, milk— Meatloaf, mashed potatoes, oyster crackers, oranges, milk— apple crisp and milk	15 Pumpkin bread, Grapes, milk— Beef chili with noodles and beans, oranges, milk— cucumbers with ranch and wheat crackers
18 Cereal, craisins, milk— ham and cheese roll ups, pickles, grapes, milk, — Pretzels and cheese sauce	19 Toast w/ jelly, apples, milk— Beef and rice casserole, Green beans, pears, milk— carrot cake, raisins	20 Yogurt, blueberries, milk— BBQ Chicken roll ups, peas, pineapple, milk— Graham crackers and chocolate milk	21 Ham and hashbrowns, milk— Beef spaghetti, mixed vegetables, melon, milk —Ranch oyster crackers and cheese slices	22 Bagels, applesauce, milk — Chicken noodle soup with carrots, mixed fruit, strawberry lasagna and fruit juice
25 Cinnamon Toast, Peaches, milk— Sloppy joe on a bun, Baked beans, pears, milk— Chex mix and bananas	26 Egg bake, bananas, milk —Cheesy ham and potato casserole, carrots, apples, milk— goldfish and oranges	27 Oatmeal, strawberries, milk— chicken stir fry with rice, stir fry vegetables, mixed fruit, milk— Pumpkin bars, milk	28 Coffee Cake, Grapes, milk— Beef Noodle Vegetable soup, apricots, milk— Critter crunch, milk	29 English Muffins, Oranges, milk— Chicken Salad sandwich, pickles, grapes, milk— Classroom Halloween Party snacks