

February 2019

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|--|---|---|---|
|  | | | | | 1 Sausage and gravy over toast, bananas, milk– Turkey sandwich, pineapple, pickles, milk– Breadsticks and marinara | 2 |
| 3 | 4 Cereal, bananas, milk– Cheeseburger casserole, blueberries, tomatoes, milk– Ritz, avocado salsa spread | 5 Pancakes, mandarin oranges, milk– Chicken, stuffing, applesauce, green beans, milk– Trail mix, pineapple | 6 Toast w/jelly, grapes, milk– Ham, brown rice, pears, squash, milk– Saltines, cheese | 7 Bacon, home fries, milk– Pepperoni and cheese pizza on English muffins, peaches, fruit cocktail, milk– Tortilla chips, cheese sauce | 8 Banana bread, apples, milk– Black bean and cheese quesadilla, oranges, corn, milk– Goldfish and raisins | 9 |
| 10 | 11 English muffins, peaches, milk– Beef spread on bread, oranges, tator tots, milk – Brownies and raisins | 12 Waffles, fruit cocktail, milk– Cheese cubes, noodles, apples, mixed vegetable soup, milk– cheerios, applesauce | 13 Bagels w/cream cheese, oranges, milk – Beef stroganoff, mandarin oranges, corn, milk– Nila wafers, bananas | 14 Oatmeal, raisins, milk, Sloppy joe, pineapple, pickles, milk– Pretzels and oranges | 15 Cheese toast, pears, milk– Vegetable stir fry w/cheese, brown rice, pears, mixed veggies, milk– Cinnamon pita bread, blueberries | 16 |
| 17 | 18 Cereal, bananas, milk– Cowboy stew w/beef and beans, buttered bread, applesauce, milk– Rice Krispies, yogurt | 19 French toast, blueberries, milk– Cheesy ham and potato soup, oyster crackers, peaches, milk– Herb pita bread, olives | 20 Scrambled eggs, hash browns, milk– Turkey tortilla, corn, pickles, milk– Chex mix, apples | 21 Pumpkin bread, fruit cocktail, milk– Egg salad on a bun, pears, pork n beans, milk– Graham crackers, mandarin oranges | 22 Cinnamon toast, raisins, milk– Chicken alfredo, pineapple, broccoli, milk– Ranch oyster crackers, cheese curds | 23 |
| 24 | 25 Yogurt w/ granola, strawberries, milk– Chicken Stir fry, peaches, veggies, milk – Bread, tuna spread | 26 Oatmeal, raisins, milk– Potato soup, cheese sandwich, pears, corn, milk– Goldfish, raisins | 27 Pancakes, blueberries, milk– Meatloaf, saltines, mixed veggies, mashed potatoes, milk– Strawberries, yogurt | 28 Egg bake, apples, milk– Beef tacos, tator tots, peas, milk– Broccoli, cheese | 1. Cereal, bananas, milk– Cheese ravioli, green beans, tomatoes, milk– Saltines and ham chunks |  |