January 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	30 Toast w/ jelly, applesauce, milk– Tater tot casserole w/ green beans, pears, milk– Tortilla chips & salsa	31 Cereal, oranges, milk– Cheesy broccoli soup, roll, pineapple, milk– Ritz crackers & sausage	1	2 Pancakes, blueberries, milk– Chicken stir fry w/rice, mixed veggies, peaches, milk– Animal crackers & milk	3 Oatmeal, apples milk– Rice-a-Roni pizza, mixed fruit, corn, milk– Cheez-Its & craisins	4
5	6 English muffin, pears, milk– Cheese quesadilla, corn, applesauce, milk– Peaches & cottage cheese	7 Pumpkin bread, raisins, milk– Italian pasta salad w/ peas, pepperoni, & broccoli, pinapple, milk– Saltines & cheese	8 Sausage & gravy over toast, oranges, milk– Beef nachos, refried beans, grapes, milk– Chocolate chip bars & milk	9 Cereal, strawberries, milk– Turkey casserole w/ noodles, mixed veggies, peaches, milk– Animal crackers & yogurt	10 Bagels w/cream cheese, mandarin oranges, milk– Chicken & cheese wrap, pickles, apples, milk– Nilla wafers & mixed fruit	11
12	13 Pancakes, blueberries, milk– Turkey sandwich, pineapple, peas, milk– Chips & salsa	14 Cereal, craisins milk– Beef stroganoff, green beans, pears, milk– Goldfish & raisins	15 French toast, applesauce, milk– Tuna casserole w/peas, peaches, milk– Pretzels & cheese sauce	16 Egg bake w/ham, apples, milk– Pepperoni pizza on pita bread, mandarin oranges, milk– Ranch oyster crackers & turkey cubes	17 Cinnamon toast, mixed fruit, milk– chicken noodle soup, peas, carrots, grapes, milk– Graham crackers & strawberries	18
19	20 Scrambled eggs, hashbrowns, milk– Kielbasa, green beans, pears, buttered bread, milk– Chex mix & peaches	21 Cereal, blueberries, milk– Chicken alfredo over noodles, broccoli, oranges, milk– Cheerios & applesauce	22 English muffin w/ jelly, strawberries, milk– Grilled cheese, tomato soup, grapes, milk– Rice Krispy treats & milk	23 Hard boiled eggs, mixed fruit, milk– Beef Spaghetti, carrots, pineapple, milk– Ritz crackers & sausage	24 Blueberry bread, bananas, milk– Tuna sandwich, pickles, mixed fruit, milk– Granola bars & Raisins	25
26	27 Toast w/jelly, pears, milk– Pepperoni Rice-a-Roni pizza, corn, apples, milk– Apple crisp & raisins	28 Ham, home fries, milk– Beef lasagna, green beans, pineapple, milk– Goldfish & crasins	29 Sausage links, eggs, milk– Turkey gravy, mashed potatoes, mixed veggies, peaches, milk– Yogurt & strawberries	30 French toast, raisins, milk– Mac & cheese, peas, mandarin oranges, milk– Chips & salsa	31. Cereal, apples, milk– Chicken bacon ranch salad w/peas, broccoli, cheese, pears, milk– Graham crackers & milk	